



Sacramento local, 13-year-old Matthew Einhorn, receives a commander's coin from Brig. Gen. Lawrence Wells, 9th Reconnaissance Wing commander, before going on a base tour Wednesday. Einhorn raised \$1,500 to buy calling cards for deployed troops.
(Photo by Airman 1st Class George Cloutier)

Sacramento teen donates gifts to deployed troops

By Airman 1st Class
George Cloutier
9th RW Public Affairs

There are many ways a 13-year-old could spend his money today. Maybe he would spend it on video games, perhaps on some new shoes. But not this particular 13-year-old; he chose to spend his money in a different way.

Matthew Einhorn is a young man from the Sacramento area who has contributed over \$1,500 to American Armed Forces to help offset the cost of purchasing phone cards for deploying

members. On Wednesday, Matt came to Beale on a personal invitation from Lt. Col. Vince Catich, 99th Reconnaissance Squadron assistant director of operations.

"He's always watching the history channel," said Jane Einhorn, Matt's mother. "He loves the military and is always learning about it somehow."

Matt collected the money through a fund raiser that he organized with the help of his parents as well as members of his synagogue.

"I went to my rabbi," Matt
see CARDS, page 3

Program initiated to detect UXOs

By Airman 1st Class
George Cloutier
9th RW Public Affairs

Due to recent concerns over potential unexploded ordnance on Air Force installations, the Army Corps of Engineers will be conducting a program to detect and remove such ordnance on all Air Force installations.

The Air Force Military

Munitions Response Program will utilize air and ground based detection systems to locate potential UXOs, employing a wide range of technology and detection methods to ensure the safety of the base populous as well as the civilian community.

"This is a significant concern," said Philip Farrell, 9th Civil Engineer Squadron re-

see UXO, page 4

DOD plans to boost access to military childcare

By Gerry Gilmore
American Forces Press Service

WASHINGTON — The availability of child-care services for military families will receive a boost from a multi-faceted approach by the Defense Department, a senior official said recently.

"We project the (child-care) needs as greater than what we're offering at this point," said Jan Witte, director of DOD's office of children and youth.

The ongoing realignment of U.S. forces from longstanding overseas bases to stateside installations and high operational tempos are placing demands on the military child-care system, Ms. Witte said. Consequently, DOD wants to "jump-start" its military child-care programs to provide more spaces for the children of active-duty and Reserve-component service members.

"Currently, we're using a multi-pronged approach" to increase military child-care ca-

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Beale's Community Center offers many benefits to Team Beale. Read about them on Page 9.

*UCI countdown:
24 days*

OPEN LINE



The Open Line is your direct line to the 9th Reconnaissance Wing commander. The Open Line is used to ask questions, make suggestions, or give thanks for a job well done. The most efficient way to solve an issue is to work through the relevant office and use the chain of command. If you are unable to resolve the issue, or are not satisfied with the response, call the Open Line. If

you would like to receive a response, leave your name and phone number with your message. Open Lines of general interest will be published in the High Flyer; others will be answered by letter, phone or in person.

Open Line number:

634-8888

Open Line e-mail:

9RWPA@beale.af.mil

Brig. Gen. Lawrence Wells, 9th Reconnaissance Wing commander, gives a unit mission briefing to a group of first-term Airmen's center students recently. (Courtesy photo)

Don't become target for sexual predators

Commentary by
Laura McGowan
Aeronautical Systems Center
Public Affairs

WRIGHT-PATTERSON AIR FORCE BASE, Ohio — April is Sexual Assault Awareness Month. Air Force officials are aggressively seeking to educate Airmen about sexual assault prevention and the barriers that prevent victims from reporting the crime.

"Sexual assault turns the victim's world upside down, and the trauma of being assaulted is a shock from which many victims never fully recover," said Brig. Gen. K. C. McClain, Joint Task Force Sexual Assault Prevention and Response commander. "And the thought that you're going to have to talk to your commander, supervisor, the investigators — all of these people are going to know — is overwhelming for some people, and they don't want to deal with it."

It has been widely docu-

mented and discussed with criminal psychologists that people who inflict the crime of rape usually begin their "careers" early in life. Unfortunately, by the time individuals with this mindset are old enough to enter the Air Force, they may have transgressed the law already and expect to do so again.

Here are some common-sense safety practices that can help military members reduce the possibility of becoming victims of sexual assault:

- If you consume alcohol, do so in moderation. Studies indicate that a high percentage of all sexual assaults in the U.S. involve the use of alcohol by the offender, the victim or both.

- Do not leave your beverage unattended or accept a drink from an open container.

- When you date someone, communicate clearly with that person to ensure he or she knows your limits from the beginning. Both verbal and nonverbal (body lan-

guage) communication can be used to ensure the message is understood.

- If you go on a date with someone you do not know very well, tell a close friend about your plans.

- You have the right to say "No" even if you: Say yes, but change your mind; have had sex with this partner before; have been kissing or "making out"; are wearing "provocative" clothing.

- Always have extra money to get home. Have a plan for someone you can call if you need help.

- If you feel uncomfortable, scared or pressured, act quickly to end the situation. Say, "Stop it" and leave or call for help.

- When you go to a party, go with a group of friends. Arrive together, watch out for each other and leave together.

- Be aware of your surroundings at all times.

- Do not allow yourself to be isolated with a person you do not know or trust.

- Travel with a friend or

in a group.

- Plan your outings and avoid getting into a bad situation.

- Walk only in lighted areas after dark.

- Keep the doors to homes, barracks and cars locked.

- Know where a phone is located.

Predators look for opportunities to commit their crimes, and the less opportunity they have, the better. Most sex offenders don't look creepy or scary. In fact, some can be very good looking and charming.

Don't become a target for a sexual predator seeking the opportunity to take advantage.

"Commanders are the key to sexual assault prevention and response," General McClain said. "Everyone from our most junior member to our most senior member has a role in prevention and response. It's not a commander's program; it's everyone's responsibility."

Sortie Update			
as of April 10			
	1st RS	99th RS	
Aircraft	U-2	T-38	U-2
Goal	74	288	132
Flown	21	91	40
Ahead/Behind	0	4	-1

BAADD SAVES

52

THIS YEAR

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High Flyer Editorial Staff

Brig. Gen. Lawrence Wells

Commander

Capt. Mike Andrews

Chief, Public Affairs

1st Lt. Jessica Martin

Deputy, Public Affairs

Tech. Sgt. John Asselin

NCO-in-charge, Public Affairs

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NCO-in-charge, Internal information

Airman 1st Class Christine Byers

Editor, High Flyer

Airman 1st Class George Cloutier

Staff Writer

Airman Robert Biermann

Staff Writer

<http://highflyer.theunion.com>

CARDS from page 1

said. "He knew a guy in the National Guard. He (the guardsman) mentioned a woman named Elizabeth who was going to Iraq. I called her, and we talked about it. She wanted to know how I was going to get this done. I told her I wanted to put donation boxes in my synagogue, in school, and my parents were going to mention it to their coworkers."

Elizabeth Kilbride is a writer who, at the time, was preparing to go to Iraq to imbed with a group of Marines for a month. She agreed to help Matthew by both organizing the legal side of the project and also distributing the phone cards.

"We sent Elizabeth the money," Matt said. "She sent me the pictures of the marines with phone cards."

Matt got the idea for the project when he was visiting his grandmother in Florida.

"In the airport, me and my mom started talking to a whole bunch of soldiers on leave," Matt said. "They started talking about how pricey phone cards are. Then, ideas for a bar mitz-

vah project started coming together."

Since then, Matt has been able to raise about \$1,800 for his charity.

"I'm trying to up their morale, make sure they know what's happening back home," Matt said. "I feel like I've done something important. It feels good."

Other people also recognized the great deed that this young man has done and responded in ways he didn't quite expect. A Sacramento newspaper did an article on Matt and his efforts, which generated even more notoriety for the young man.

"A lot of people are excited about this," Matt said. "I've gotten three coins from the military since the article came out. I didn't expect people to send me World War I veteran's belongings and troops sending me their coins. They sent me a note saying he would want me to have his hat and medals."

Matt got even more when he visited Beale on Thursday. On the first leg of his tour, Brig. General Lawrence Wells, 9th



Matt Einhorn and his mother, Jane, get a personal tour from Lt. Col. Vince Catich, 99th Reconnaissance Squadron assistant director of operations, Wednesday. (Photo by Airman 1st Class George Cloutier)

Reconnaissance Wing commander, gave Matt a personal briefing on the 9th RW, then presented him with a special commander's coin and thanked him for his hard work.

Though he still has some

time to go before he can actually join, Matt's interest in the military may lead him one day to a military career.

"I want to join the Marines," Matt said. "I want something like an infantry job I think."

The Armed Forces may see more of Matt Einhorn as he continues to pursue his military interest.

For information on how you can donate to Matt's fund raiser, call (916) 359-7847.

Beale's First Sergeant's Council

Diamond Tips

Respect for our flag: At the beginning of the official duty day, you will hear two sets of music played. First is "Reveille" and then "To the Colors." On the first note of "Reveille," personnel outside and in uniform must stop, face the flag or music, and assume the position of Parade Rest. On the first note of the national anthem or "To the Colors," personnel must snap to attention and salute. The salute is held until the last note of music. (Source: AF-MAN 36-2203) Questions? Contact your First Sergeant.



WARRIOR SPOTLIGHT

Tech. Sgt. Eric Krueger

Unit: 9th Munitions Squadron

Job: Assistant NCO-in-charge of munitions support

Hometown: Waterloo, Iowa

Air Force goals: To make the next rank and retire in 20 years

Time in the Air Force: 13 years

Hobbies: Golfing and reading

The thing I like best about Beale

AFB: The thing I like best is Beale's location. There is always something to do in Northern California.



Tech. Sgt. Eric Krueger, 9th MUNS, unloads munitions during an Iron Flag training exercise recently. (Photo by Airman 1st Class George Cloutier)

UXO from page 1

These are several examples of what unexploded ordnances may look like. If anyone sees something like this, they should contact the 9th Security Forces Squadron. (Courtesy artwork)

CARE from page 1

capacity, Ms. Witte said, noting DOD will continue to build on-post facilities.

"And we're also doing some contracting with civilian centers off the installations" to address lengthy waiting lists at some military bases, she said.

DOD has also provided funds to get modular buildings that will help meet immediate child-care needs. Ms. Witte estimated that more than 4,000 new child-care spaces will be created through new construction and the use of modular buildings.

"They're just starting with those, and we're really hopeful that this will really be a way to get some spaces quickly," she said.

DOD now spends about \$434 million on military child-care each year, Ms. Witte said. More than \$60 million in supplemental funding has been used in the past three years to extend the hours of child-care services, including weekend and evening care, and to run summer camps for military children with one or both parents deployed overseas.

Using emergency supplemental funds from Congress, Defense Department officials have given the services \$92 million to help buy modular or prefabricated facilities, and to renovate and expand current facilities.

Modular, prefabricated child development facilities are on track to open this month. Most of the new or added facilities will be ready within the next year.

The Air Force will add 1,598 spaces for children whose parents would otherwise have to seek off-base day care.

The first Air Force modular child development center under the initiative will open in April at Eglin Air Force Base, Fla. With spaces for 300 children, it will clear the current waiting list, said Arthur Myers, director of Air Force Services.

In addition to modular centers, the Air Force will add some spaces by building permanent additions to existing structures, Mr. Myers said.

After those spaces are added, however, the Air Force still will have about 4,500 fewer spaces than it needs, he said.

But this new effort will help.

"Eglin's installation commander told me this is the biggest morale booster for the families he has seen," Mr. Myers said. "This is going to have a dramatic impact on Air Force families."

Turnaround time for obtaining and opening these modular centers is less than nine months, he said. Standing up a center under the traditional military construction process, from planning to funding to construction to opening, can take five years.

The modular construction allows an entire center to be built off-site quickly and inexpensively, according to the military's specifications, and then trucked to its new on base home.

"When you're actually in a facility, you don't realize you're in a prefabricated

medial project manager. "They are doing a very comprehensive study with significant amounts of money."

Part of the reason UXOs are so dangerous is because each one must be treated as though it is deadly.

Assume each UXO is dangerous, said Mr. Farrell. Treat every one as if it is live, no matter the condition of the object.

Until the program is fully carried out, there are some simple steps that can be followed to avoid potential injury that can result from tampering with UXOs.

"Don't touch it, make sure no one else does either," said Staff Sgt. James Rice, 9th CES Explosives Ordnance Disposal Flight craftsman. "Exposing yourself to that much danger is unnecessary."

After recognizing something that may be a UXO, the next thing to do is get away from it, Sergeant Rice said.

"Get a safe distance away, then call security forces or 911 for help," he

said. "Just remember recognize, retreat and report."

Though this may seem like common sense, apparently some people fail to see the danger associated with UXOs, Sergeant Rice said.

"Our biggest problem is that people are not recognizing the hazard," said Staff Sgt. Tyler Kelch, 9th CES Explosives Ordnance Disposal flight craftsman.

"These are people who know what these things are," Sergeant Rice said. "They seem to know but they don't associate the hazard. These are very dangerous. If you have kids, make sure they understand these are a hazard."

While the MMRP program may not commence for some time yet, base residents can still ensure their own safety by being mindful of the potential hazard presented by UXOs.

To report a UXO to the 9th Security Forces Squadron, call 634-2131 or 634-8975.



Beale's Child Development Center offers many activities for the children who attend there. For more information on the Beale CDC, call 634-4717. (Photo by Airman Robert Biermann)

cated structure because of the way they've been patterned and designed to fit together," said Ms. Witte.

Installations are responsible for digging foundations and preparing sites for the units. Defense Department money pays for the units, while the services pay for furnishings. If a permanent facility is later built at a base, or if the need for childcare decreases, the modular facilities can be uprooted and moved to another location.

Efforts are ongoing to address an estimated shortage of about 27,000

military child-care spaces remaining after the 4,000 new spaces are factored in. The focus, Ms. Witte said, is to increase child-care services at installations experiencing high deployment rates or affected by long child-care waiting lists, and at bases gaining troops through overseas redeployments.

"Child-care across the nation is at a premium," Ms. Witte said. "Finding those spaces at the right places is a challenge" for both military and civilian families."

Community Briefs

Deadline for High Flyer submissions

The deadline for submissions to the High Flyer is Friday the week prior to the desired publication date. Submissions are printed based on a space available basis. Any submissions submitted after the deadline will not be published until the next week. News briefs will run for no more than three consecutive weeks. For questions or more information, call 634-8887.

Kindergarten registration at Lone Tree School

Kindergarten registration will take place April 18 to 20 in the Lone Tree school multi-purpose room from 9 to 11 a.m. Proof of Birth and Immunization records are required to register. For more information, call the school office at 788-0248.

Legal office closure

The legal office will be closed today due to the base spring cleaning activities. In case of emergency, please contact the Command Post at 634-5700. For more information, call the legal office at 634-2928.

Beale Spring Clean

The annual Beale Spring Clean is scheduled for April 14. Energetic volunteers are needed to help keep Beale looking beautiful. Areas being focused on include Candy Cane park, the Youth Center ball fields, Lake Beale, Beale's five gates and the area at your squadrons. The Beale Spring Clean is a half-day volunteer event for people to get involved, get outside and make an impact towards improving the quality of life and visual appearance of Beale. This event encompasses activities ranging from small self-help improvement projects to general cleanup. For more information, call the following points of con-

tact for each area: Candy Cane park, Lieutenant Boessel at 634-4128, Lake Beale, Master Sgt. Pelletier at 634-4766, five gates, Capt. Maher-Dycus at 634-0919 or Lieutenant Mannucci at 634-3305, Youth Center ball fields, Lieutenant Ratka at 634-9134, Youth Center ball fields 2, Lieutenant Shaner at 634-3736 or Senior Airman Riendeau at 634-9050.

Saturday nights at the Gold Sox

All Beale personnel and their families are invited to attend every Gold Sox Saturday night home baseball game in 2006 for free. Individuals must show their identification at the stadium gate. Minor children of Beale personnel without ID will be admitted free also. There are 11 consecutive Saturday night home games, from May 27 through August 5. Game time is 7 p.m. and gates open at 6:30 p.m. Gold Sox home games are played at All Seasons RV Stadium, at 14th and B Streets on Ellis Lake, in Marysville. For more information, call 741-3600 or e-mail office@goldsox.com.

90s club

The following Airmen scored a 90 percent or higher on their end-of-course exam:

Staff Sgt. Edward Verlander	100
Senior Airman Don Sardin	98
Senior Airman Christopher Rochette	92
Staff Sgt. Sally Ford	92
Staff Sgt. Michael Delaune Jr.	91
Senior Airman David Lynch	90
Senior Airman Andrew Lederer	90
Staff Sgt. Kurtis Lewis	90

Enlisted dining in

The enlisted dining in has been rescheduled to the month of May, date to be determined, at the Community Center. Social hour is from 6 to 7 p.m. with din-

ner to follow. Attire is mess dress or semi-formal. The menu includes either roasted stuffed chicken breast or char-broiled New York steak with sautéed mushrooms. Cost is \$20 per person for club members. The theme is "Enlisted Firsts." For more information, contact your First Sergeant.

Commissary sidewalk sale

The Beale Commissary will be having a Sidewalk Sale and Farmers Market on Tuesday and Wednesday from 9 a.m. to 7 p.m.

Air Force Sergeants Association

The next Air Force Sergeants Association meeting is scheduled for Wednesday in the 9th Communications Squadron Atrium at 3:30 p.m. All Airmen and NCOs are welcome to attend. The agenda includes the election of a new treasurer and membership training.

Expanded Saturday hours issuing ID cards

The 9th Support Division's customer service office will be open on the following Saturdays to provide ID Card and DEERS update services: May 6, June 10, July 8 and Aug. 5. Hours of operation will be from 9 a.m. to 12 p.m., no appointment is necessary. The Admin Support Flight's customer service counter is located in the Consolidated Support Center, Building 25216, Room 110.

Normal business hours are from 7:30 a.m. to 4:30 p.m., Mondays, Tuesdays and Fridays and 8:30 a.m. to 4:30 p.m., Wednesdays and Thursdays, except for holidays. For more information, call customer service at 634-3187.

Volunteer appreciation

Beale's Annual Volunteer Appreciation Luncheon

see COMMUNITY, page 6

'My Stuff' lets Airmen track requests

RANDOLPH AIR FORCE BASE, Texas — Airmen can now track the status of requests and correspondence sent to the Air Force Contact Center via the "My Stuff" tab on the Air Force Personnel Center public Web site.

Airmen need a separate user identification and password to access My Stuff because the new software cannot be accessed at this time with the reduced sign-on capability used by the Air Force Portal and the AFPC Secure site.

The system automatically created a generic user ID and password for Airmen who previously corresponded with the contact center. Those members should have received an e-mail from contact.center@randolph.af.mil requiring them to personalize and secure their account by establishing a

unique password.

Members who did not receive this e-mail either already secured their account with a unique login and password or they have never corresponded with the contact center.

A generic account has already been established for all Airmen who have not yet interacted with the contact center, since they may be required to do so in the future as part of the Personnel Service Delivery Transformation.

Members can personalize their generic account by visiting the AFPC public Web site at <http://www.afpc.randolph.af.mil> and following these instructions:

— Click the My Stuff gray tab on the front page underneath the search box

— Type their generic user ID and

click the "Email Me My Password" button. The generic user ID is the member's last name and last four digits of their social security number

— Once the system e-mails the password, members can use their generic user ID and password to login and personalize their account by creating a unique user ID and password.

Establishing the My Stuff account will help Airmen track any requests, applications or questions they have sent to the Air Force Contact Center.

For questions or issues regarding establishing a My Stuff account call the contact center at (800) 616-3775, option 1, option 1, option 2; commercial (210) 565-5000; or DSN 665-5000.

(Courtesy of Air Force Personnel Center News Service)

Air Force One Source

Helping
servicemembers
and their families

AirForceOneSource.com

COMMUNITY from page 5

is scheduled for April 28 from 11:30 a.m. to 1 p.m. Meal is free for volunteers. For more information or to register, call the Family Support Center at 634-2863.

Donations needed

Anyone who wishes to help replace the toys that were destroyed in a recent on-base house fire can call Senior Master Sgt. Kevin Wakefield or Master Sgt. Jeff Large at 634-8193.

Youth Job Fair

The FSC has scheduled a youth job fair for Wednesday from 2 to 4 p.m.

It is open to 13-year-olds through college students. Discover how to find summer jobs, meet prospective employers, research various career fields and understand what it takes to succeed. For more information or to register, call the FSC at 634-2863.

E-TAP workshop

This TAP seminar is scheduled from April 25 through 28 from 8 a.m. to 4 p.m. and is open to senior enlisted (E-7 to E-9) and officers (O3 and above). Spouses can register and attend with military member.

This workshop focuses on positions with higher level of responsibility and has medical record review plus VA benefits. For more information, call the FSC at 634-2863.

Home selling seminar

The FSC has scheduled a home buying seminar for May 24 from 5 to 6:30 p.m. Learn how to make a home

sell in a buyer or sellers market while getting the most out of the investment. For more information or to register, call the FSC at 634-2863.

Basic investment and mutual funds

The FSC has scheduled a basic investment and mutual funds class for May 18 from 2 to 4 p.m.

Attendees will learn about the various investment vehicles, risk assessment and evaluation and basic investment strategies. Learn about pros vs. cons of various types of mutual funds; how to evaluate funds and how to compare and select your investments. For more information or to sign up, call the FSC at 634-2863.

Be your own boss

The FSC has scheduled a "Be your own boss" class for May 23 from 9 a.m. to noon.

This class prepares people with knowledge and tools to run a small business. For more information, call the FSC at 634-2863.

Bundles for Babies

Bundles for Babies is scheduled for May 31 from 5 to 7:30 p.m. Open to all ranks, Bundles for Babies provides tips on prenatal care, financial expectations and avoiding frauds targeting new parents.

Attendees must arrange their own childcare for all their other children. For more information, call the FSC at 634-2863.

TAP workshop

The next TAP workshop has been

scheduled for May 8 to 12, Monday from 8:30 a.m. to 4 p.m., Tuesday to Friday from 8 a.m. to 4 p.m. Attendees must have completed mandatory pre-separation briefing.

Bring a draft resume. Transition into the civilian community smoother and find employment faster. Learn about VA benefits and have medical record reviewed. For more information, call the FSC at 634-2863.

Use of official Telecommunications Constitutes Consent to Monitoring

People often use telecommunications devices during the course of duty. However, improper use of these devices can impair or even jeopardize the Air Force mission. The Telephone Monitoring and Assessment Program was created to eliminate or minimize improper usage.

The Air Force monitors unsecured and unprotected telecommunications systems to determine if they are being used to transmit sensitive or classified information. Be aware that use of these government systems constitutes consent to monitoring. Telecommunications systems include telephones, cell phones, faxes, computers, PDAs, beepers and land mobile radios. For more information about TMAP or consent to monitoring, call the Wing IA office or see your unit's Telephone Control Officer or TMAP representative.

Retiree Luncheon

The next luncheon for military retirees will be held on May 3 at 11:30

a.m. at Recce Point. The price is \$14. Members receive a \$2 discount. The meal includes Caesar salad, roasted strip loin of beef, garlic mashed potatoes, balsamic grilled vegetables and dessert. Reservations are required no later than noon on April 27. For more information, call 634-3104.

Home school information fair

A home school information fair is scheduled for April 21 from 12:30 to 4:30 p.m. at the Community Center. Information for independent home schoolers, charter school options and support groups are available for any who are interested. To reserve a table or for more information, call or email Angie Drake at 788-9207 or angiedrake@hotmail.com.

Earth Week

The following activities have been scheduled to celebrate Earth Week.

Nature and birding walk

A bird walk led by Dr. Ed Pandolfino, Chair of the Sierra Foothills Audubon Society is scheduled for Saturday from 9 to 11 a.m. Attendees will meet near the kiosk and the gate in the Three Bridges area near Dry Creek.

Earth Day celebration

An Earth Day booth, manned by environmental personnel, will be located at the entrance of the Base Exchange Monday from 10 a.m. to 2 p.m. where Environmental souvenirs

see BRIEFS, page 7

Be smart while being cool: Don't fan the flames!

By the Beale Fire Prevention Office

A study conducted by the United States Consumer Product Safety Commission showed that during an eight-year period, there were over 4,500 fires associated with portable electric fans. These fires caused about \$55 million in property loss, 20 deaths, and 270 injuries.

A portable fan is a cord-connected appliance that is easily moved by hand from place to place. Portable fans can be box fans, window box fans, desk/table fans, pedestal fans and clip-on fans.

A contributing factor to these fan-related fires was the presence of plastic materials. When a fan with plastic blades, motor housing or enclosure overheated or caught fire, the plastic reportedly would melt and drip onto combustible materials such as carpet, clothing, bedding and paper. There are three primary issues related to the fires started by these fans; overheating due to motor failure, the flammability of the plastic, and overheating due to cord failure. The motors fail when they are overheated or when there are problems with the

wiring and the fans short out. The cords fail when the cords are damaged, exposed, repaired, or attached to an extension cord.

To help prevent electric fan fires, the Beale Fire Prevention office has these suggestions:

- Do not place fans where other objects can be placed on top of the cord
- Do not place fan where furniture can rub or pinch the cord and wear off the protective insulation
- Do not place fan where pedestrian traffic can damage the cord
- Do not coil cord up so tight that damage can occur during use and storage
- When using a power strip or surge protector-type extension cord, do not overload with several types of appliances
- Always follow manufacturer's recommendations; turn the fan off when the area will be unattended for a long period of time

For more information, contact the Beale fire prevention office at 4-8677.



A recent fire at Beale was caused by a portable fan. Those with portable fans are reminded to take safety precautions when using them.

(Courtesy photo)

“If you could make a holiday, what would it be?”



**Song Donnelly,
AAFES employee**

“Oriental day. Asian people would get together and have a party. People from different oriental countries would bring traditions together. We would loan each other things from our own countries. Japanese people would trade things with Chinese people.”



**Flora Harris,
AAFES employee**

“Maybe a Philippino holiday? We would make Philippino food. It could be part of an Oriental Holiday.”



Senior Master Sgt. Janet Swift, 940th Communications Flight system and network administrator

“I think I would make a day for all of us Geminis. I’m a Gemini; we’re all very flaky. Gemini day could be about doing creative artsy things because Geminis are very artistic. It would be a day of doing fun things you enjoy.”



**Nick Harker,
AAFES employee**

“How about democracy day? People would celebrate free democracy. You could call it Patriot day too. Maybe hold it in late January or early February.”



**Alison Ross,
Team Beale member**

“Family day. I would hold it in May when it’s beautiful. Spend the day doing something fun with the family. So many kids today don’t do anything with their families. Those are some of my best memories from when I was a child.”

BRIEFS from page 6

will be given away along with other educational information.

Arbor Day celebration

An Arbor Day celebration is scheduled for Wednesday from noon to 2 p.m. Traditionally, Beale observes Arbor Day in conjunction with Earth Week. The Arbor Day celebration will consist of a tree planting ceremony along Warren-Shingle Boulevard north of the Golf Course.

The celebration is an opportunity for Beale to support the National Arbor Day Foundation’s “Tree City USA” program and to encourage participation of the community in tree planting and maintenance. The ceremony also includes a poster contest involving fifth graders from Far West School.

Vernal Pool tour

To conclude Earth Week, a vernal pool tour led by vernal pool experts Dr. Tom Griggs and Patrick Stone is scheduled for Thursday from 12:30 to 3 p.m. The purpose of this tour is to allow people to learn more about the unique wetlands and the plants and animals that live here.

Old clothes and shoes are recommended for wear as it may be muddy. Attendees will meet at the DUI parking lot near the Main Gate at

12:30 p.m. and will take a bus to the site. The bus will return by 3 p.m.

For more information or to register for any of the Earth Day activities, call or e-mail Chuck Carroll at 634-2738 or charles.carroll@beale.af.mil, or Jamie Visinoni at 634-4451 or jamie.visinoni.ctr@beale.af.mil.

Recruitment for lifeguards

The Air Force Personnel Center is now accepting applications for lifeguards. The Summer Swim Program will hire one full-time Lead Recreation Aid, two part-time Lead Recreation Aids and 12 intermittent Recreation Aids. Applicants must be 16 years of age, provide school enrollment verification documents and be a United States citizen.

The lead lifeguard requires lifeguard certification, covering lifesaving and water rescuing methods, skills and procedures, basic First Aid Certification, and CPR certification for adults, children, and infants.

These positions are subject to satisfactory completion of a pre-employment physical and background check under the Child Care Act. To apply or see that all the requirements for the job are met visit the AFPC Web site at www.afpc.randolph.af.mil/afjobs. For more information or for ques-

tions, call Rosie Gonzalez at 634-2249.

Metal and wood drop-off

Base users who need to drop off wood or metal to the base recycling center can call Tech. Sgt. Darren Evans at 634-4452.

Chapel job openings

The Chapel has openings for the following positions: pianist for the Protestant Praise service, two openings for child care providers and one for an accounting technician. For more information, call Tech. Sgt. Greg Volkman or Ch. (Maj.) Linda Olson at 634-4701.

USDA food pickup

The USDA Food Pickup is held the last Friday of every month for Beale housing residents. All pickups are at the Foothills Chapel in base housing. Pickup times are from 10 a.m. to 2 p.m. For information, call 634-5938.

General Arnold Education grant

Anyone who has applied for the Air Force Aid Society General Arnold Education grant by return mail may have received a packet with a Family Financial Data Form. It is a supplemental form seeking

specific financial information and a grade point average verification form. Complete both forms and mail them in immediately. The receipt deadline is April 15. For more information, call the Family Support Center at 634-2863.

Airman’s Attic

The Airman’s Attic is open to assist airmen basic to staff sergeants who are new to Team Beale or have unexpected family situations that arise, free of charge.

Stop by 5114-A Tern Court (near the housing fire station) and see what they have to offer. The Attic is open Mondays and Wednesdays from 10 a.m. to 1 p.m. and Fridays from 10 a.m. to 4 p.m.

For emergencies, the Attic is available after hours through the unit first sergeants. Military ID cards are required at check in. Donations and volunteers are always needed. For more information, call 788-2993.

Education Center

The Beale Training and Education Center offers an extensive array of on-base programs. The center is open Monday through Friday from 7:30 a.m. until 4:30 p.m. Call 634-2525 for more information or to schedule an appointment.



Remember 0-0-1-3

As part of the ongoing 0-0-1-3 wing campaign to promote a responsible drinking culture, squadrons with a drinking and driving or underage drinking charge will now have a photo with squadron leadership taken and placed in the High Flyer. 0-0-1-3 represents zero underage drinking, zero DUIs, one drink per hour, and a maximum of three drinks per night. Anyone driving is reminded not to consume any alcohol. *(Courtesy photos/illustrations)*

Beale Bijou

634-2521



Friday evening Madea's Family Reunion (PG-13)

Tyler Perry, Blair Underwood

An unstoppable force of nature, southern matriarch Madea may have finally taken on more than she can chew. She has just been court ordered to be in charge of Nikki, a rebellious runaway, her nieces Lisa and Vanessa are suffering relationship trouble, and through it all she has to organize her family reunion. As the reunion approaches, secrets are revealed and tensions rise. Madea must use every tactic in her arsenal to not only keep the peace, but keep her family together.



Saturday matinee Princess Diaries 2 (PG)

Anne Hathaway, Julie Andrews

Princess Mia has just turned 21 and is supposed to succeed her grandmother as the Queen of Genovia. But Viscount Mabrey, who wishes that his nephew, who is also in line to the throne to be the new ruler, reminds everyone of a law that states that an unmarried woman can't be made queen. With the backing of parliament, he opposes Mia's coronation. Queen Clarice asks that Mia be allowed time to find a husband, and she is given 30 days. But Mabrey tries to do what he can to stop that. However, his nephew, Nicholas, has met Mia and they are both attracted to each other. Mia learns who he is, and then dislikes and doesn't trust him. Unfortunately, Clarice has invited him to stay with them for the 30-day period to keep an eye on him.



Saturday evening 16 Blocks (PG-13)

*Bruce Willis,
Dante 'Mos Def' Smith*

A troubled NYPD officer is forced to take a happy, but down-on-his-luck witness 16 blocks from the police station to 100 Centre Street, although no one wants the duo to make it.

Matinees play at 1 p.m.
Evening movies play at 7:30 p.m.
unless otherwise specified.
The cost is \$3.50 for adults & \$1.75 for children.

Community Center: *Fun for families, kids of all ages*

*By Airman Robert Biermann
9th RW Public Affairs*

The Community Center is currently introducing many new programs and activities for service-members and their families.

"My goal is to acknowledge every single person who walks through our door," said Amy Kuhns, Community Center assistant. "I want to let them know the Community Center is a great place, and we are appreciative of their support."

James Buck, Community Center director, has recently turned the center from being a well-known "conference center" into an actual community center.

"I want to give people something to do," Mr. Buck said. "The Community Center should be the central hub for all base activities - not only for military personnel but for their families as well. Getting people through the door is our biggest battle, but once our customers see all of the programs and events going on, they keep coming back for more. It's just a matter of stepping through the doors to see what a great place the Community Center is."

The center offers a variety of programs on a month-to-month basis including dance, piano, guitar, violin, saxophone and KinderMusik.

"KinderMusik is the basic foundation of vocal, instrumental, musical and movement fundamentals," Ms. Kuhns said.

The center also has many free activities for everyday use including three gaming systems with over 45 games, a computer lab with free Internet access and printing, satellite television, movies, book swap and a game room with an air hockey and pool table, shuffle board, darts, ping-pong, foosball and basketball hoop shoot.

"With the variety of games in the game room, there is enough to give anyone at Beale something to do," Mr. Buck said.

With a fresh coat of paint that is just about to dry, the ballroom will soon be in action serving as a host of events from the monthly Family Block Party to the 9th Reconnaissance Wing promotion ceremonies.

"People can also book the ballroom for social galas for free," Mr. Buck said. "Our game room is for rent on the weekends or during non-regular duty hours at \$10 per hour."

The Community Center has scheduled a Disney Block Party for May 16 and American's Kid Run Day for May 20.

The center is a central contact point for the Congressional Award Volunteer Program. The Congressional Award is the United States Congress' award for young Americans. It is non-partisan, voluntary and non-competitive. The program is open to all 14 to 23-year-olds. Participants earn Bronze, Silver and Gold Congressional Award Certificates and Bronze, Silver and Gold Congressional Award Medals. Each level involves setting goals in four program areas, volunteer public service, personal development, physical fitness, and expedition and exploration. It is not an award for past accomplishments. Instead, participants are honored for achieving their own challenging goals.

Coffee and Kids, is an arts and crafts hour where kids can learn and parents can socialize. The Community Center is also a contact point for the Little Dragon Play Land, a large play area for small children located inside the Omni and Beale Skate Night, also in the Omni, takes place every Friday night from 5 to 10 p.m.

Whether stopping in for a cup of coffee and a sweet treat at TJ's or needing stress release with a quick game of air hockey - the Community Center is a welcome change of pace for a hectic schedule. For more information about the center, call 634-3140.



(Left) Monique Vasquez and son, Julien, play peek-a-boo during a KinderMusik class at the Community Center recently.

(Above) Amy Frew-Kuhns, KinderMusik instructor, reads a story to the class as Capt. Jose Martinez and daughter, Kayla, listen in. (Photos by Airman Robert Biermann)

Beale Church Services

Good Friday Services

Protestant Good Friday Service, noon at
the Valley Chapel

Catholic Good Friday Service, 3 p.m. at
the Foothills Chapel

Saturday

Catholic Easter Vigil Mass, 8 p.m. at
the Foothills Chapel

Easter Services

Protestant Sunrise Service, 6:30 a.m. at
the Foothills Chapel Gazebo

Protestant Easter Praise Service, 9 a.m. at
the Foothills Chapel

Protestant Easter Gospel Service, 11 a.m. at
the Valley Chapel

Catholic Easter Sunday Mass, 10:30 a.m. at
the Foothills Chapel (*Easter egg hunt
following Mass*)

Protestant Programs: Sunday School (10:30 a.m.) at Lone Tree Elementary. AWANA on Mondays and JV-Varsity on Tuesdays, 6-8 p.m. at Foothills Chapel. Protestant Youth meets Tuesdays at 5:30 p.m. at the Valley Chapel and Sundays at 6:30 p.m. at Foothills Chapel.

Protestant Bible Study Groups: Men - Second & fourth Sunday, Valley, 5 p.m. and Wednesday, Valley, 7 p.m. Women - Tuesday, 9-11 a.m. Foothills (children welcome) Thursday, 6:45 to 8 p.m., Valley.

Catholic Programs: Religious Education - preschool-12, Sundays 9 a.m. at Lone Tree Elementary School. RCIA, Catholic Youth, CWOC, CMOC and Adult Bible Study call Leila at 634-4707.

MOPS (Mothers of Preschoolers): Second & fourth Thursdays at Foothills Chapel.

Questions concerning marriages, baptisms, choirs, Navigators, and Officer Christian Fellowship can be directed to the chapel staff at 634-4701.

‘Virtual Commissary’ expands products

FORT LEE, Va. — The future is now at the Defense Commissary Agency. It’s not the “final frontier” by a long shot, but DeCA’s Virtual Commissary has been expanded to include 37 new item selections, including snack packs and special occasion baskets. This brings the total number of gift baskets on Virtual Commissary to 44 with more on the way.

“We began Virtual Commissary just before the holidays with seven gift baskets,” said Patrick Nixon, chief executive officer and acting director of DeCA. “The customer reception was promising and now we’re pleased to offer many more items, all at great prices.”

Authorized commissary shoppers in the United States and military shoppers overseas can check it out at <http://www.commissaries.com>. Customers can check for availability of delivery to APO and FPO addresses as well as more information on what’s in the gift baskets by clicking on the image.

To access the extended commissary, shoppers must pass through a secure portal under the shopping link at the Web site. Access is dependent on whether the customer is entered in the Defense Enrollment Eligibility Reporting System, known as DEERS.

Civilians stationed overseas who are authorized to shop at commissaries may not be able to access Virtual Commissary until programming changes are made by the Defense Manpower Data Center, DeCA officials said. Those upgrades are targeted for completion this year.

Virtual Commissary customers can make selections and fill in their payment and shipping information in one secure step. They are then transferred to the manufacturer’s site where they can get total cost for the product (including shipping) and finalize their purchase.

Items offered on Virtual Commissary are well below average retail prices found at other online services. Charges will vary depending on the item size or weight, method of shipping, location and speed of delivery. Payment can be made with any credit card accepted in real commissaries. Customer information is not archived by DeCA.

Eventually, Virtual Commissary will offer more gift items. Long-range plans include online shopping for hundreds of items routinely found in commissaries. That should be helpful for deployed service members, military retirees and Guard and Reserve families living far from installations.

The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families. Authorized patrons purchase items at cost plus a five-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones.

Shoppers save an average of 30 percent or more on their purchases compared to commercial prices — savings worth about \$2,700 annually for a family of four.



Chief's pick

Master Sgt. Ronnie Sandoval, 9th Civil Engineer Squadron electrical element chief, receives the Chief's Pick award from Chief Master Sgt. Cevin Cox, 9th CES. The Chief's Pick award is given in recognition for outstanding dedication, service before self, and overall positive impact made on members of the enlisted corps. (Courtesy photo)

LIKE TO HAVE FUN?
HAVE A PLAN?



B.A.A.D.D.

BEALE AIRMEN AGAINST DRUNK DRIVING

634-5555

Beale's fastest Airman goes the distance



Airman Mike Smith, 13th Intelligence Squadron signals intelligence analyst, currently has bragging rights for holding Beale's fastest one and a half mile run time, 7:36.
(Photo by Airman Robert Biermann)

By Airman Robert Biermann
9th RW Public Affairs

He's faster than a speeding bullet, more powerful than a locomotive. Is this the man of steel?

Airman Mike Smith, 20, 13th Intelligence Squadron, signals intelligence analyst, is one of many Beale Airmen guilty of speeding around Beale. Only he does it on foot.

"I've always enjoyed running," said Airman Smith. "I run as my body allows and I have fun doing it."

Airman Smith currently has bragging rights for holding Beale's fastest one and a half mile run time, 7:36.

"I'm really proud of Airman Smith, not only for his athletic achievements, but for his overall contribution to our mission success," said Lt. Col. Brian Johnson, 13th IS commander. "Mike is a great Airman and we're glad to have him in the 13th IS."

Airman Smith also competed in Beale's Recce Challenge 10K event which he finished in just over 36 minutes, gaining him

first place overall.

"I have more of an unorthodox approach to my training," Airman Smith said. "I don't keep training logs nor do I obsess about my eating habits or worry about my times. I like to visualize myself running a race while I train and it gives me an extra kick. I also listen to music."

During junior high school Airman Smith ran on his school's track team as a sprinter. After a hamstring injury Airman Smith had to run cross country for rehabilitation and realized his love was long distance running.

"Sprinting was my passion until I got hurt," Airman Smith said. "Pulling my hamstring was definitely painful but it worked out for the best."

In September, Airman Smith competed in the ninth annual Air Force Marathon at Wright-Patterson Air Force Base, Ohio, and finished in a mind-boggling 2:51, a time that earned him first in the age group 18 to 21, fourth in the military category and seventh out of more than 1,200 in-

dividuals.

"Mike Smith is not just, he can beat most people in a race fast, he's showing promise as a potential pro athlete fast," said Capt. Aaron Turney, 13th IS section commander. "Above all, though, Mike is a super kid doing great things for the Air Force too."

Airman Smith owes much thanks to two men here who have made a great impact on him and his running career.

"I owe a lot of thanks to Captain Turney and Lt. Col. Johnson for being such great motivators and supervisors," Airman Smith said. "I highly respect them for all they do. They've helped me make time for my events and sometimes take of their own time to be there for me."

In the future Airman Smith would like to be in the Olympics, a goal that he has dreamed about for a long time.

"I'd love to be in the 2008 or 2012 Olympics," Airman Smith said. "If I continue to train and stay focused, I know I can do it."

Brig. Gen. Wells completes U-2 training with flight

By Airman 1st Class George Cloutier
9th RW Public Affairs

Brig. Gen. Lawrence Wells, 9th Reconnaissance Wing commander, completed the last leg of his U-2 pilot training April 6 at 11 a.m. when he landed his U-2 on the flight line.

Upon landing, General Wells was greeted by his peers and family as well as many other members of Team Beale who were present to witness his successful completion of the long training program. He was also presented with the U-2 pilot patch, which is only given to those who successfully complete the program.

"It was awesome, better than flying F-16s," said General Wells. "This is much more of a joy to fly."

Prior to assuming command of the 9th RW, General Wells was an F-16 pilot. He has been flying for more than two decades.

"I loved it; I've been flying for 25 years and this is probably the best ride I've had," General Wells said. "This was a great experience for me and I will treasure the time spent learning to 'deal with the deuce.'"

Although it is common to experience some difficulty, General Wells said that it is not due to any fault of his instructor pilots, and took the opportunity to personally thank them after his flight.

"Although I experienced more of the 'Dragon' than

the 'Lady' aspect of the U-2, I assure you this is only due to my own pilot proficiency, not the quality of instruction," General Wells said. "It was a real joy to experience the highs (above 60,000 ft.) and lows (below three ft.) of a very demanding mission. I have a better understanding of not only how you do things but also why."

As for the instructor pilots, they seemed pleased at the performance General Wells put forth not only that day, but also throughout the program.

"As the flight training officer I was very appreciative of the level of effort and preparation General Wells put into the training," said Lt. Col. Michael Masucci, 1st Reconnaissance Squadron commander. "He could have easily been distracted from the task at hand. He came back with all of the tires intact, which made us very happy because that's not always the case."

Before pilots get to the point of actually stepping into a U-2, there is much to be done to determine if they are even qualified. U-2 applicants are required to meet flying time requirements, and their breadth and depth of experience are closely looked at. Only about 38 percent of those who apply are actually selected.

To be chosen for the job, prospective pilots must also prove themselves in interviews with squadron and group leaders, undergo mission orientation, mobile rides, a flight physical, egress training and hours of briefings for

U-2 sorties. This is no short process either. The road to becoming a U-2 pilot can be a long one; Initial Qualification and Mission Qualification Training take five to seven months.

"I appreciate the time and effort everyone devoted to making this happen," General Wells said. "This has been both a personal and professional highlight of my career."



A U-2 crew chief greets Brig. Gen. Lawrence Wells, 9th RW commander, after he returns from his first U-2 solo flight. (Photo by Airman 1st Class George Cloutier)

Enter Beale's funny photo caption contest!

Be a featured caption writer for this week's photo. The author whose caption receives the most laughs from the judges will have their caption published in next week's High Flyer. Here's how to enter:

1 Write an imaginative, humorous, appropriate caption for the featured photo.

2 E-mail entries to high.flyer@beale.af.mil or fax entries to 634-8895 by noon Tuesday.

3 To be eligible, you must include the photo number of the contest on your entry. Also, please include your name and commercial phone number.

4 Contest winners are announced weekly.

5 All entries become property of the High Flyer.



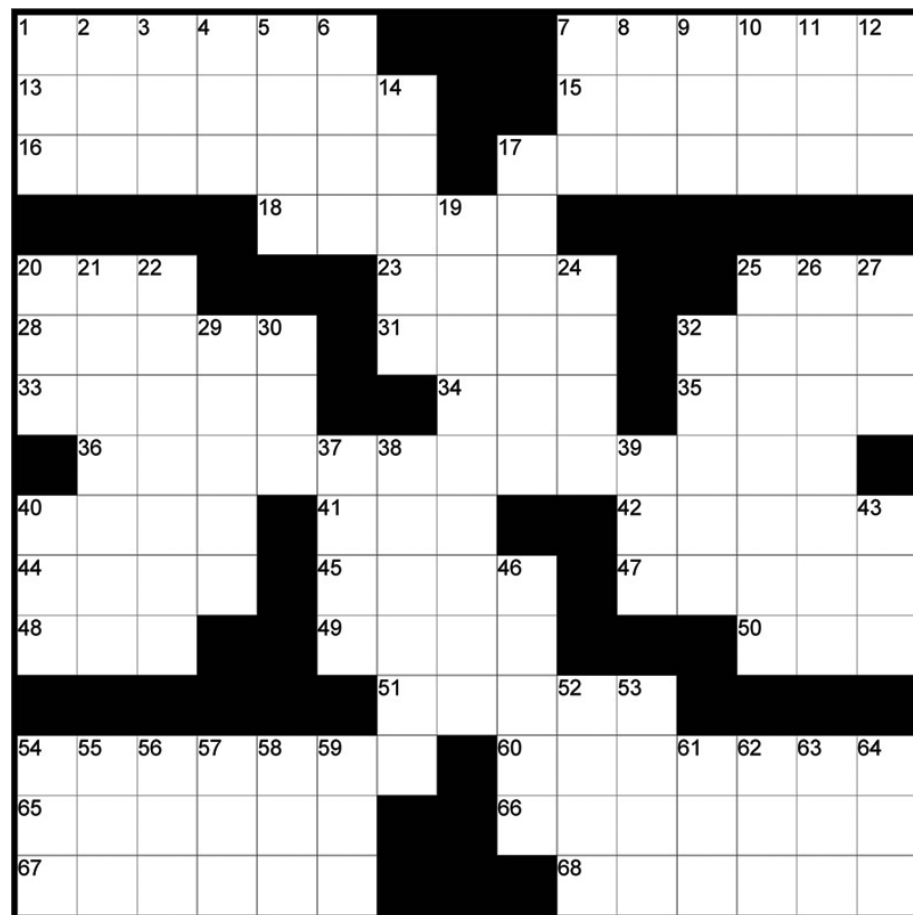
Photo 14

"What some crew chiefs will do to get out of weekend duty..."
(Staff Sgt. Dustin Storms, 9th MXG)



Photo 15

E-mail submissions to
high.flyer@beale.af.mil



Thunderbirds Showline

By Capt Tony Wickman
71st Flying Training Wing
Public Affairs

ACROSS

1. Traps
7. Photographer's establishment
13. Georgia town
15. 1974 Thunderbird planes (T-38s)
16. 1969 Thunderbird plane (F-4s)
17. Galaxies
18. Petiole
20. ___ loss for words
23. Foster film
25. 1st Thunderbird plane; F-84G Thunder___ (1953)
28. Thunderbird formation
31. Norway capital
32. Indolent
33. Trove
34. Bad USAF PIF item
35. ___ out a living
36. 1955 Thunderbird plane (F-84F)
40. Ancient Semitic god

41. Hearing tool
42. Perfume iris
44. Opera highlight
45. Mil. field meals
47. Acetate
48. Vesicle
49. Ancient Peruvian
50. Boxing legend
51. Bagatelle
54. Squirreled away
60. Thunderbird formation
65. 1983 Thunderbird plane (F-16A Fighting ___)
66. Covered by GEIKO
67. Computer inputting
68. Road

DOWN

1. Drain
2. Utmost degree
3. Pie ___ mode
4. Jogged
5. Tolkien tree shepherds
6. Halt
7. Sault ___ Marie
8. Bar bill
9. Alaska Native knife
10. DoD counterpart
11. ___ jiff
12. CIA precursor
14. Body acid
17. Thunderbirds home

19. Revive
20. Alphabet beginning
21. New Zealand reptile
22. Dated
24. Attic
25. Indonesian capital
26. Hebrew prophet
27. Cobb and Pennington
29. Hall of Fame coach Don
30. X, to Cicero
32. Looks with malice
37. Actress Moore
38. Brought in
39. Caviar starter
40. Mil. entitlement
43. ___ Lanka
46. Arabia denizen
52. Dull roars
53. Compass point
54. To the rear
55. Spring month
56. European mount
57. Movie genre ___-fi
58. Male child
59. School subj.
61. South-central Austrian river
62. NW state
63. Formerly
64. Banned pesticide

Palmdale detachment takes testing to new heights

By Christopher Ball
95th Air Base Wing Public Affairs

EDWARDS AIR FORCE BASE, Calif. — Edwards Air Force Base has a history of testing cutting-edge weapons systems for the Air Force. A little-known detachment at Air Force Plant 42 in Palmdale, Calif., also has a testing history, but the aircraft tested there are not as well-known as the newest Air Force assets.

Warner Robins Air Logistics Center's Detachment 2 is responsible for the depot-level maintenance, repair and developmental test and evaluation of the U-2 Dragon Lady.

While the detachment reports directly to Warner Robins ALC at Robins AFB, Georgia, its flight operations fall under Col. Chris Cook, 412th Operations Group commander here.

The detachment commander, Lt. Col. Tim Williams, said his unit does periodic depot maintenance on about five aircraft per year, primarily from Beale AFB in northern California.

"Each aircraft goes through several months of major modifications, during which it's subjected to a rigorous quality assurance process," Colonel Williams said. "Once the maintenance is complete, we do a series of acceptance flights. Then the U-2 returns to the warfighters at Beale."

Colonel Cook said that the depot maintenance also offers a great opportunity for developmental testing, since the airplane is almost completely disassembled during the process.

"On a reconnaissance aircraft much of the development work is in sensors," Colonel Cook said. "If

you're going to put a new sensor aboard and need to rewire or install new avionics, or modify the aircraft in some way, depot maintenance is the perfect time to do it."

The U-2 traditionally is known for flying at high altitudes, often more than 70,000 feet, and Colonel Cook recently had an opportunity to experience this unique mission.

"The reason I had the opportunity to fly in the U-2 is because (Gen. Greg Martin, former Air Force Materiel Command commander) brought all the flying operations under ops group commanders, which is basically the model the rest of the Air Force uses," Colonel Cook said. "In that decision, the detachment was brought under my operational control for flying operations. I am responsible for the safe conduct of flying and there's no better way of learning about a flying operation than going and doing it."

Additionally, the opportunity arose because the depot had just rolled out a two-seat version — there are only five in the Air Force inventory — and the detachment had been given some flying hours for proficiency and qualification flights.

Before he could fly in the U-2, Colonel Cook had to complete training and certification at Beale AFB.

"In order to fly above 50,000 feet, you have to be full-pressure-suit qualified," Colonel Cook said. "The altitude chamber ride takes you to 100,000 feet, which is past the altitude where water boils due to the low atmospheric pressure. Without a pressure suit, your blood would also boil, making it quite impossible to survive without the suit."

During his flight, Colonel Cook got to experience

several things unique to the U-2 mission.

"We basically left Palmdale and flew in our restricted airspace climbing north toward Mount Whitney," Colonel Cook said. "The earth has a definite curve at that altitude. You can also see for miles, literally hundreds of miles. We were flying over the (Sierra Nevada mountain range), and I had to get used to the fact that I could see the ocean, as the coastline was clearly visible. It was quite a sight to behold."

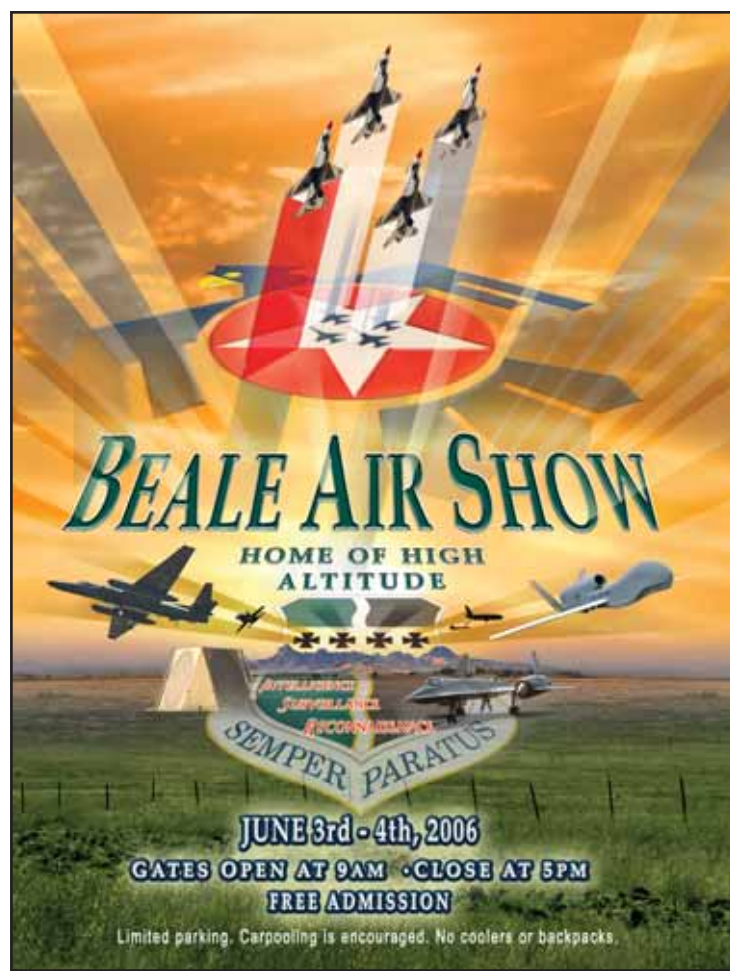
He also got to experience eating and drinking at high altitude.

"A U-2 pilot has to fly long endurance missions, so you have to bring your liquids and your lunch with you," he said. "However, once you're above 29,000 feet, your faceplate is closed on your helmet, and there's no way to open your faceplate and eat a sandwich. So they have tube foods and water bottles with long straws that you poke through a hole in your helmet. I was only on a two-hour flight, so I didn't really need to eat or drink, but I had to try, just to see how easy it is to do that. So at 70,000 feet, I did, in fact, have a little applesauce and tried some Gatorade."

Colonel Cook said the experience helped him gain insight into high-altitude flight operations.

"To prepare us for the future, this experience gave me a little glimpse into high-altitude operations so I have a better understanding of what it takes to operate up there, how we operate up there and how the airspace needs to be put together so we can operate safely and effectively," he said.

(Courtesy of Air Force Materiel Command News Service)



Sexual assault victims have support program

Information provided by the Sexual Assault Prevention and Response office

Current statistics reflect that approximately one out of four females and one out of 33 males in the Air Force will be sexually assaulted during their military career. Not only does sexual assault defy the Wingman culture and violate Air Force core values, it's a serious crime with significant penalties under the UCMJ. Sexual assault breaches the trust and camaraderie necessary to maintain the world's finest fighting force.

In response, Beale's Sexual Assault Prevention and Response program strives to improve prevention, victim support, and system accountability. Services are available to all personnel associated with Beale, whether active-duty, dependants, DOD civilians, or guests on base.

Dr. Michael J. Stacy, a retired Air Force chaplain with more than 20 years of experience dealing with sexual assault, is Beale's Sexual Assault Response Coordinator who manages the SAPR program. His role is to provide around-the-clock response for victims of sexual assault.

The SAPR program offers two reporting options: restricted and unrestricted. Unrestricted reports are very close to what most people are used to. A victim tells their supervisor about the assault, it goes up the

chain, support is given, and an investigation is initiated.

Although victims might not want their supervisor to know about the incident, commander involvement often brings several advantages: time away from duty for medical, counseling, legal or other appointments, support for duty re-assignments, stay-away orders for the assailant or deferment of punitive action, and in extreme cases, a request for humanitarian reassignment or release from active-duty.

With a restricted report only the SARC and, with the victim's consent, a select few support professionals are aware of the incident. The individual's chain of command is never notified, there is no investigation of the crime, and therefore there is no punishment of the assailant.

This option of reporting is only available to active-duty and Reserve or National Guard members while performing under active/federal duty status. Military personnel who desire restricted reporting must report the assault to the SARC, Victim Advocate, healthcare provider, or chaplain. Since military members in the chain of command are required to report any knowledge of suspected crimes, discussing the assault with anyone else may jeopardize the victim's right to a confidential restricted report.

The differences between the reports are fully explained by the

SARC before the victim is asked to choose between the options. Individuals who initially choose restricted are allowed to change their report to unrestricted.

When an individual reports a sexual assault, they are provided with a VA. Many bases have chosen to assign advocates on a random basis; an advocate would be whoever is on-call. However at Beale, victims are offered a VA that has the greatest potential for providing the appropriate support, and if at any time the victim doesn't feel it's a good match they can be assigned a new VA.

In addition to the base's support services, the SARC works with Rideout Memorial Hospital, Casa de Esperanza Women and Children's Shelter, all local police and sheriff departments, other civilian counseling professionals, clergy members, and local social services.

All SARC coordinated services - including civilian counselors - are provided free of charge. Most importantly, the victim chooses which support services they use.

The investigative process can be stressful. Investigators must collect evidence, interview those involved, and process data; and the process from investigation to courts martial or some other form of punishment, may take many months or even years. Despite the sincere efforts of law enforcement, the staff judge advocate

and Area Defense Counsel, the victim can often feel re-victimized by the experience. An individual may not feel ready to answer questions so soon after the assault, but investigators need to conduct interviews while memories are fresh. A lot of patience is asked from the victim.

The victim will be kept well-informed of any investigative actions. Commanders will ensure they receive monthly updates on investigative, medical, legal, or command proceedings until the final disposition. The VA will also remain assigned as long as needed.

To reach the SARC Crisis Line available 24 hours a day, seven days a week, call 634-4000. For routine business calls during duty hours, call 634-3339. Visit https://wwwmil.beale.af.mil/9RW_MEO/SARC/sarc.asp or the SAPR office in building 2179 by the Family Support Center and Area Defense Counsel for more information.

**Sexual Assault
Response Coordinator**

634-4000

24 hours a day

Network passwords to be a thing of the past

By Staff Sgt. Todd Lopez
Air Force Print News

WASHINGTON — Airmen have been carrying around some pretty high-tech identification cards in their wallets for quite a while now. That technology will soon be put to good use.

For many, the Common Access Card, or "CAC," is just a replacement for the green military ID card used for so many years. But the card can be used for more than getting Airmen past gate security. The cards carry digital "certificates" that allow a user to more securely identify themselves to a computer network.

It is that secure networking capability the Air Force expects to begin taking advantage of, said Lt. Gen. Michael W. Peterson, the Air Force chief of warfighting integration and chief information officer.

"So much of our warfighting capability is inherent to our networks, and our ability to go to war relies on our networks," the general said. "We have absolutely got to lock the networks down. Passwords and usernames are no longer sufficient against the sophisticated hackers that are out there. It is time to move on to the common access card, and use the embedded technology on their microchips."

By July, the Air Force expects that nearly 80 percent of Airmen and Air Force civilians will use their CAC to log in to their NIPRNet, or "Non-secure Internet Protocol Router Network," accounts at work.

Once fully implemented, users can forget their network account names and passwords. Instead, they will log in to work computers by sliding their CAC into readers and entering a personal identification number.

The need to have a physical product, a card, to get into the network, provides a level of security beyond the traditional password and login name combination, General Peterson said.

"It is something you have in your hand and something you know, instead of two things you know," General Peterson said.

Because the CAC also serves as a military ID and is used to gain physical access to Air Force installations and resources, Airmen know how important it is to protect it. General Peterson said he believes the emphasis Airmen put on protecting their CAC from loss will translate to protecting the Air Force network when they begin using it to log in there.

The common access card is not unique to the Department of Defense. Similar cards are used throughout the civilian world and government agencies, both in the United States and other countries. The technology is similar to the "Security Identity Module" or SIM chips used in cellular phones. The microchips on CACs hold about 65,000 characters of information, equivalent to about two and a half copies of the United States Constitution.

The unique digital certificates stored on the CAC are of critical importance. Those certificates are used to confirm the identity of cardholders to

Air Force computer networks. The same certificates also allow Airmen to digitally sign and encrypt e-mail messages.

In addition to certificates, the cards also store a member's full name, e-mail address, date of birth, gender, blood type, organ donor status, military exchange and commissary status, and meal plan status. While a fingerprint was taken at the time the cards were issued, that data is not actually stored on the card, but rather in an online database. All the information is protected by a personal identification number.

While not all computer systems in the Air Force will require Airmen to use a CAC for login, most eventually will. The change, said General Peterson, is part of the future of network security, and is important to protecting the Air Force's vast warfighting network.

"This is about identity management and rights management on the network and making sure that warfighting system is available when we need it," General Peterson said. "This is a quantum step in securing our networks. But I believe 24 months from now we will all simply look at this as the way we do business."

General Peterson said that the Air Force is aware that not all users of Air Force computer networks possess a CAC, especially in overseas locations. He also said that some computer systems, such as those aboard Air Force aircraft, do not possess the ability to utilize a CAC. The Air Force information technology community is working on solutions to those challenges.



Solutions to the
April 7 puzzle

T	A	C	O		O	S	D		B	R	A	C
B	L	U	R		P	I	A		A	B	A	T
A	I	R	B	A	S	E	S		A	D	D	E
					M	E	S	H		A	U	G
M	P	F			A	C	T	E		E	P	E
A	F	I			A	R	E	A		O	P	R
D	E	R	A	I	L	S		A	F	F	A	I
					I	D	A			P	A	L
B	A	I	T	I	N	G		S	C	A	L	D
A	I	L			A	P	S	E		I	L	S
H	A	L	O		S	E	C	A	F		A	F
					U	L	M		A	R	I	A
A	T	O	N	E	S				M	E	S	Q
M	A	J	C	O	M				A	T	L	X
C	U	T	E						N	E	E	O

Ready, set, jump...Base Pool to open

The Main Base Pool will be opening Memorial Day weekend. Daily admission is \$2 per person, 5 years-old and up. Children under 5 get free admission. Punch cards are available at 25 entries for \$40. A 2006 season pass for a family of up to six is only \$95 and an individual pass is only \$55. A season pass permits unlimited pool entry during 2006 season, a 10% discount on swim lessons and free entry to Family Night events. The pool has learn to swim programs, lap swimming, pool parties, and water aerobics.



Learn to Swim Program

The Beale Aquatics Program will offer swimming lessons for children and adults beginning in June and running through August. This is a great way to introduce newcomers of all ages to water safety and swimming basics. The Beale aquatics program offers classes including Parent and Tot, Water Exploration and a Learn to Swim series of classes instructed on ability levels. Lessons run Monday through Thursday for two weeks (excluding Fourth of July week). Students will be placed in classes based upon age and ability. Lessons are normally available both mornings and evenings. Class size is limited to 4-6 students per class. Private lessons are available upon request.

Lap Swim

This popular activity is held at the Main Base Pool and is designed for Squadron PT use and for anyone else (including civilians and dependents 16 years and up) who want to exercise and use the facilities during non-free swim hours. Lap swim is free. Hours: 6:00-8:00am Tues, Thurs, and Fri., 11:00am-1:00pm Monday-Friday. One permanent lane line will be available between 4-6pm daily for lap swim purposes during open swim hours. Swimmers must check in and may only use the single lane available for free usage; otherwise, entry fees will apply.

Pool Parties

Pool Parties are available at the Main Base Pool by reservation, seven days a week and at the Lakehouse pool, Friday through Sunday. Reservations should be made at least two weeks in advance to secure availability. Parties exceeding 50 guests will be charged and additional \$25 to cover additional lifeguard expenses. Reservations must be made at the Main Base Pool or by calling 634-2262. All parties require a \$25 deposit to secure your time and date. This

deposit is transferable towards your fee and is non-refundable in the event of a cancellation. \$50 per hour—up to 50 guests, \$25 per hour additional for parties that exceed 50 guests.

Water Aerobics

This activity is a great way to burn calories, meet new friends and is a wonderful therapeutic option for those who are not comfortable swimmers. Hours: Mondays 7:00-8:00am and Fridays 9:00-10:00am.

Summertime is a great time for individuals and families to enjoy their recreation time outdoors. Many popular events take place each year at the base swimming pools. Don't miss out on some of these great events- luaus, theme parties, family nights, cannonball contests, dive-in movies, relay challenges, family swim parties and much more! Don't forget, if you are a Season Pass holder, many of these events are FREE!

Watch for a listing of upcoming events at your favorite pool or call 634-2262.

The Membership Club Card drawing is currently at

\$525⁰⁰

Drawing is held every Friday night at the Recce Point Club. Must be present to win. If winner is not present, the prize money increases \$25 each week until a winner is present to accept the award.

HELP WANTED!

Aerobics Instructor

Need energetic, certified aerobics instructor. Must have a current CPR Certificate.

Call the Harris Fitness Center at 634-2258 to apply.

Easter BRUNCH

SUNDAY, APRIL 16
 10:00AM-2:00PM

MENU TO INCLUDE
 Scrambled Eggs • Belgian Waffles
 Country-style Potatoes
 Biscuits & Gravy
 Cheese Blintz w/Fruit topping
 Honey Ham • Champagne Chicken
 Salads • Desserts
 and more!!

ADULT: \$16.95
 CHILD (4-10): \$5.95
 CHILD (3 & UNDER): FREE

RECCE POINT CLUB
 634-4948

Kids
Ages 4-12

EASTER Egg Hunt
 Collect eggs in age grouped sections.
 Special eggs win prizes!
SATURDAY
April 15TH
 Starts at 9:00 a.m.
Free!

Community Center
634-3140

TJ's Coffee & Deli will be open during this event from 7:00am-1:00pm.

2006 EARTH DAY

BLOCK PARTY!
 April 18th • 5-7:30pm
 Food • Bounce House
 Drawings for Prizes
Community Center • 634-3140

TJ's Coffee & Deli

--- NEW HOURS ---
 Mon.-Fri. 6am-6pm

Open Sat. & Sun. for the 940th UTA and special events only.

Samples of protein powder drinks, smoothies and coffee April 24-28.

Happy Hour from 3-5pm, all coffee drinks half-price for a limited time.

Open for Annual Easter Egg Hunt April 15th from 7am-1pm

9th Medical Group Appreciation Day April 15th, all drinks half-price.

TJ's will still be available for evening parties.

Please call Nicole 788-9440 or Rhonda 277-1432 to schedule.

LIFEGUARDS NEEDED!

for the Base Pool

GS and NAF positions available

Great opportunity for High School and College Students

GS positions, call Civilian Personnel at 634-2255

NAF positions call HRO at 634-2241

Discounts 20% off every 3rd visit!

Auto Detailing
 At the Auto Hobby Shop 634-2296

Carpet Shampoo \$20 - \$35 Add \$3 for Rubber Mats Add \$5 for Carpeted Mats	MINI \$25 Wash, vacuum, windows, air freshener, dress tires	Seat Shampoo Bucket \$10 Bench \$20
SUPER \$85 Wash, vacuum, windows, inside detail, orbital wax, air freshener, dress tires	Aluminum Wheels Polished \$15 each	ULTIMATE \$135 Wash, vacuum, windows, inside detail, carpets and upholstery steam cleaned, orbital polish, air freshener, dress tires

IMPROVED!
 Call 634-2296 to set up an appointment with Thomas Silvera

SERVICES A&C ARTS & CRAFTS

Canine Events “Gone To The Dogs”

During Spring Break, April 10th through the 13th, the **Youth Center** had a **Doggie Boot Camp** from 3-4pm with a Dog 4-H Program. A professional trainer, Sgt Henzl from the K-9 unit was there to help. He feels that all dogs should undergo some basic obedience training in order for the owner to easily control their dog, whether on or off the lead, at home or outside in public. The Doggy Boot Camp taught basic obedience techniques and assisted owners in preparing their dogs for an agility course. The basic obedience training class trained dogs how to heel, sit, stay, and taught them simple commands like, down and come. Agility is the ultimate game for you and your dog. The Youth Center set up a simple course with, tunnels, weave poles and other obstacles. Agility is a great tool because it strengthens the bond between owner and dog. It's also a fun activity and provides vigorous exercise for you both. The Dog 4-H programs states, “Your goal is to be a good teacher to the dog, using patience, firmness, consistency, and love. Since you are working with another living creature, there are no guarantees that your dog will



Bring your pet to the dog show, agility event, or the dress up contest.

be a brilliant obedience performer. However, you can still learn to be a good teacher, and that is the important part.”

Following the three day training course is the **Big, Bad, Beale Dog Show**, Friday, April 14th from 2:30-5:30pm. Participants from the Boot Camp are invited back to show their pets in both the Show and Agility course and will be judged on their performances. During the Dog Show there will be a look-alike contest, and a doggy dress-up contest open to everyone. There will be a K-9 demonstration performed and a Boot Camp finale. One of the judges, Mrs. Heidi Whelan was excited about Boot Camp program saying, “Training your dog or puppy will make a huge difference in how you and your pet relate to each other.” She also wanted to remind everyone to have their dogs spayed or neutered. Combining both, training and spaying will increase the odds of keeping your animal safe and out of a dog shelters.

If you are interested in entering your dog in the Big Bad Beale Dog show call the **Youth Center** at **634-4953**.

Tired of not having bucks to spend?

- Learn to Find a Summer Job
- Meet with Employers
- Discover Career Fields

REFRESHMENTS AVAILABLE

April 19th, 2-4pm
 Youth Center gymnasium
 Register by calling 634-2863

Youth Job Fair

Turn your excess stuff into cash!

FREE For Shoppers!

FOR SALE

VENDORS: Sign Up Deadline April 27th

Flea Market

Saturday April 29th

9:00 a.m. to 2:00 p.m.

Free for Shoppers \$5 Vendors

Vendors: sign up at the Community Center

Location of sale: BX!

For details call 634-3140

Sign Up Early!
 Registration starts at 4:30pm

Texas Hold'em

April 20 & 27
Tournament starts 5pm
\$5 members • \$10 non-members
 CHANCE TO WIN entrance to monthly \$10,000
 Poker Tournament at Colusa Casino (\$175 value).
RECCE POINT CLUB
 634-4948 18 & over

Bunny Hop 20-Frame Game

April 15th

Adults 1:00pm • Adult/Jr. 3:00pm
 Each frame filled with a
 different & challenging surprise!
 \$8 per player

Colorama Cosmic Night

April 22nd

6:30pm • Win \$\$ by striking a colored pin.

Spring Fling Couples Tournament

April 29th

Scotch Doubles • 6:00pm
 Prize fund \$1,500.00 possible with
 maximum entries. Entry closes
 April 21st or until 60 entries.
 \$30 per couple

**BEALE
LANES**
 634-2299

GREAT OUTDOOR adventures!

Six Flags Fun Day, Marine World

April 21, 22, 23 • Tentative • \$25 You drive / \$31.99 OAC drives
 April 22nd Beat the power-outage blues with a fun trip to Vallejo.
 Tickets good for full-day pass on the day of your choice.
 *Also as an added bonus the Six Flags theme Park is Celebrating their 45th
 Anniversary! Receive a FREE Souvenir Cup when entering the park and once
 inside it's only .99 cents for refills.

Old Sacramento Nightlife Shuttle

April 21 • 5:30pm-1:30am • Sign up by: 4/19 • \$10, 21 years or older
 Enjoy the nightlife of Old Sacramento while visiting the many
 restaurants, pubs, and specialty shops. Stroll down the riverfront
 promenade and wooden sidewalks of this historic area of
 Sacramento or meander over to the upscale Downtown Plaza area
 for a bit of glitzy city nightlife. This will be an evening of fun for
 you and your friends. Let OAC be your designated driver!

Pier 39-San Francisco

April 22 • 7:30am-9:30pm • Sign up deadline 4/19
 \$20, covers transportation only
 Let OAC do the driving, pay for the parking, and hassle with traffic
 while you enjoy a trip to the “City on the Bay”. OAC will drop you
 off at Pier 39, where you can shop, tour Alcatraz, explore Chinatown,
 or search out any of the other activities. To tour Alcatraz, contact
www.blueandgoldfleet.com to purchase advance tickets.

Squaw Valley Ski Resort Shuttle

April 23 • 6:30am-9:00pm • \$10 • Sign up deadline 4/20
 Join OAC for spring skiing at its best. Active Duty ski free with a
 valid ID as according to the resorts and for all others, discount lift
 tickets are available at OAC for \$55. Sit back and relax and let OAC
 do the driving. Discount ski gear available at OAC. Remember,
 Squaw Valley is only \$5 for kids 12 and under.

OUTDOOR ADVENTURE CENTER • 634-2054